



Sport Medicine & Science Council of Saskatchewan Sport Taping Workshop

On December 10th 2011 the Prairie Central District hosted a Sport Medicine and Science Council of Saskatchewan Sport Taping Workshop in Raymore.

The workshop was facilitated by Scott Anderson, a Sport Physiotherapist who has been part of the Team Canada Medical Team at numerous Olympic Games and World Track and Field Championships. Scott is currently the Vice-President of the Sport Medicine and Science Council of Saskatchewan.

Scott provided the 7 workshop participants with the knowledge and skills to properly wrap and tape: knees, ankles, wrists, fingers and thumbs. The hands-on opportunity for participants was a great way to perfect their technique. Workshop participants ranged from high school students to seasoned coaches, who shared their success stories and barriers they face.

The Prairie Central District would like to thank Cory Liska and Raymore School for all the arrangements and the participants who attended, making the day a great success.

[CLICK HERE](#) for more information on workshops offered by the Sport Medicine and Science Council of Saskatchewan.

